

SCHEDULE: 8:15 a.m.-9:45 a.m. Registration
 10:00 a.m. 5K & Walk Start
 11:15 a.m. Awards Ceremony

REGISTRATION: www.RaceForum.com/Tomorrow

ENTRY FEES: Pre-registration \$22 by 4/8/12
 USATF \$20 by 4/8/12
 Post-registration \$25 after 4/8/12

COURSE: Double loop park course, primarily shaded and all traffic free. USATF certified. Water stop. Split times.

AWARDS: 1,2,3 overall, male and female
 1,2,3 age groups, male and female

AGE GROUPS: 5 year; 14 & under to 85 & older

RESULTS BY: www.CompuScore.com DTAG

INFO: (973) 535-1181 ext. 1224
www.arcessex.org

AMENITIES: Building Tomorrows T-shirt. DJ.
 Refreshments. Random Prizes.

DIRECTIONS: *From GSP Northbound:* Exit 151. Right onto Watchung Ave. Make first legal u-turn to cross back over GSP on Watchung Ave. Right onto Broad Street. Left onto Broad Street continuation. Bear left onto Bellevue Avenue. Left into Brookdale Park. *From GSP Southbound:* Exit 151. Make right off of exit ramp toward Bloomfield/Montclair onto Watchung Ave. Follow directions from Broad Street above.



Saturday, April 14, 2012
Brookdale Park
Bloomfield, NJ



TO BENEFIT THE ARC OF ESSEX COUNTY

2012 Building Tomorrows 5K ... Official Entry Form (one per entrant)

Last Name _____ First Name _____

Street _____ Phone # _____

City _____ State _____ Zip _____

Gender (circle) M F Age (on race day) _____ Date of Birth _____

2012 USATF# _____ Email _____

Event (circle): 5K Walk T-shirt Size (circle): S M L XL

Make check payable to: The Arc of Essex County Do not mail after 4/5/12.
 123 Naylor Avenue
 Livingston NJ 07039

In consideration of this entry being accepted, I hereby waive any and all rights and claims to damage that I may have against OYMP, The Arc of Essex County staff, volunteers and representatives for any and all injuries that I may sustain in this event. I acknowledge that I have fully read this form and fully understand the terms and conditions contained herein. I further understand that entry fees are not refundable. I agree not to hold The Arc of Essex County responsible for any publicity used concerning this event and I grant the right to use any likeness in any photographic reward of this event.
 NO REFUNDS, TRANSFERS OR DEFERRALS.

Signed (parent/guardian signature if participant is under 18 years of age) _____ Date _____

For office use only: Cash \$ _____ Check \$ _____ # _____ FW _____

Direct Link to Online Registration www.RaceForum.com/Tomorrow



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